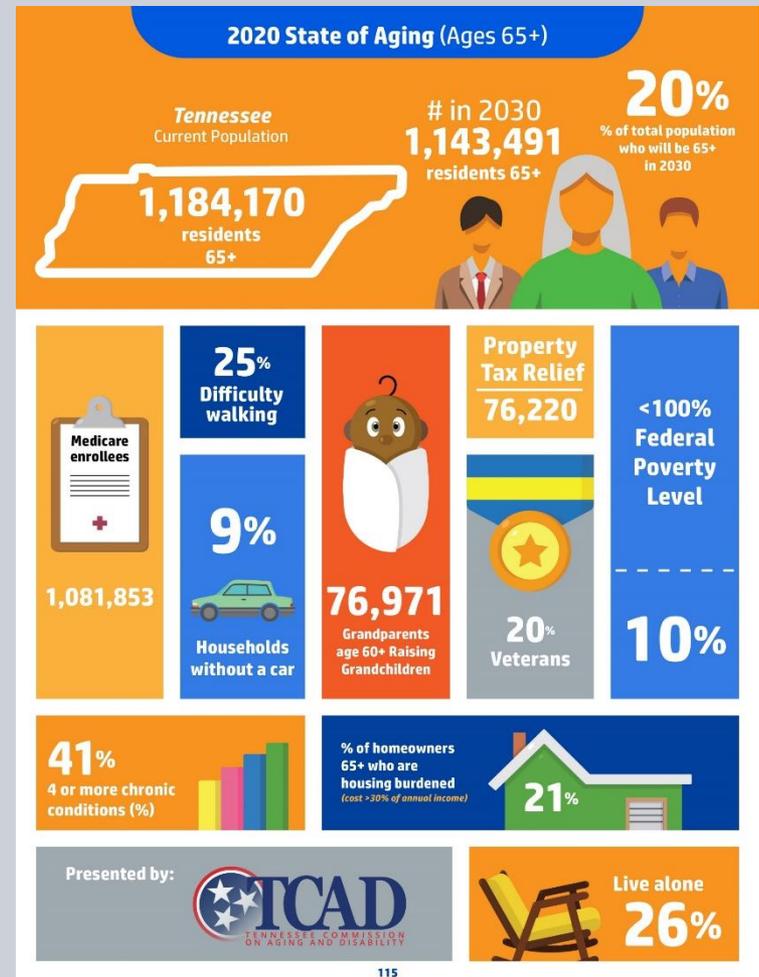




Advocating since 1963 for all Tennesseans to age with dignity

State of Aging in TN

- Fastest growing population in TN
- Focus on Health and Livability data
- Statewide and County Level available



Our Services

- ☞ **Options for Community Living:** In-home care: meals, homemaker and personal care services
- ☞ **Public Guardianship:** Court-appointment guardian for financial and medical decisions
- ☞ **Nutrition Services:** Nutritious meals at community locations or home-delivered
- ☞ **Senior Centers:** Community centers that provide resources, support groups and activities to seniors and their families

1-866-836-6678

Our Services

- ☞ **Elder Abuse Prevention:** Outreach and education about fraud, scams and domestic violence affecting seniors
- ☞ **Caregiver Support:** Helping families provide better care to their loved ones
- ☞ **Legal Assistance:** assist older adults with legal needs
- ☞ **Supportive Services:** Personal care, Transportation, Homemaker

1-866-836-6678

Our Services

- ☞ **TN SHIP (State Health Insurance Assistance Program):** Counseling and assistance with Medicare
1-877-801-0044
- ☞ **State Long- Term Care Ombudsman:** Advocates for persons in nursing homes and other long-term institutions
1-877-236-0013

Tennessee Area Agencies on Aging and Disability



- [1-866-836-6678](tel:1-866-836-6678)
- www.tn.gov/aging
- Can mail push cards to you

ACMS AAAD

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901-222-4150 FAX: 901-222-4199
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First Tennessee AAAD

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3211 North Roan Street
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423-928-3258 FAX: 423-926-8291
kwhitaker@ftaad.org

Initiatives



NUTRITION

Provider Phone calls



LIVABILITY

Transportation Map
Access to health through Built Environment
Music and Memory Grant



IN HOME SERVICES

Waitlist Prioritization



ELDER RIGHTS

Model Approaches for Senior Legal Needs
CREVAA
Elder Abuse Task Force



HEALTHY AGING

TN Senior Brain Games
TN Fall Prevention Coalition
ACL Falls Prevention Grant (SAIL)
Medicare Preventative Services
Suicide Prevention



ACCESS TO SERVICES

County by County
State of Aging Webinars
Benefits Outreach
TCAD Speakers Bureau
Resource Mapping
Alzheimer's Disease Program Initiative

Advocacy & Partnerships



NUTRITION

Senior Nutrition Meeting (HRAs, DDs, AAADs)



LIVABILITY

Volunteer Transportation Programs
Interagency Taskforce on Housing & Health
TN Livability Collaborative
SrTrust / ElderTrust Grantees



IN HOME SERVICES

TN Respite Coalition



ELDER RIGHTS

DOJ Taskforce
APS – CCR
Advanced Directive Coalition
SeniorTrust / ElderTrust Grantees



HEALTHY AGING

Oral Health
Palliative Care & Quality of Life Adv. Council
TN Coalition for Better Aging
Alzheimer's Advisory Council



ACCESS TO SERVICES

AAADs
DHS

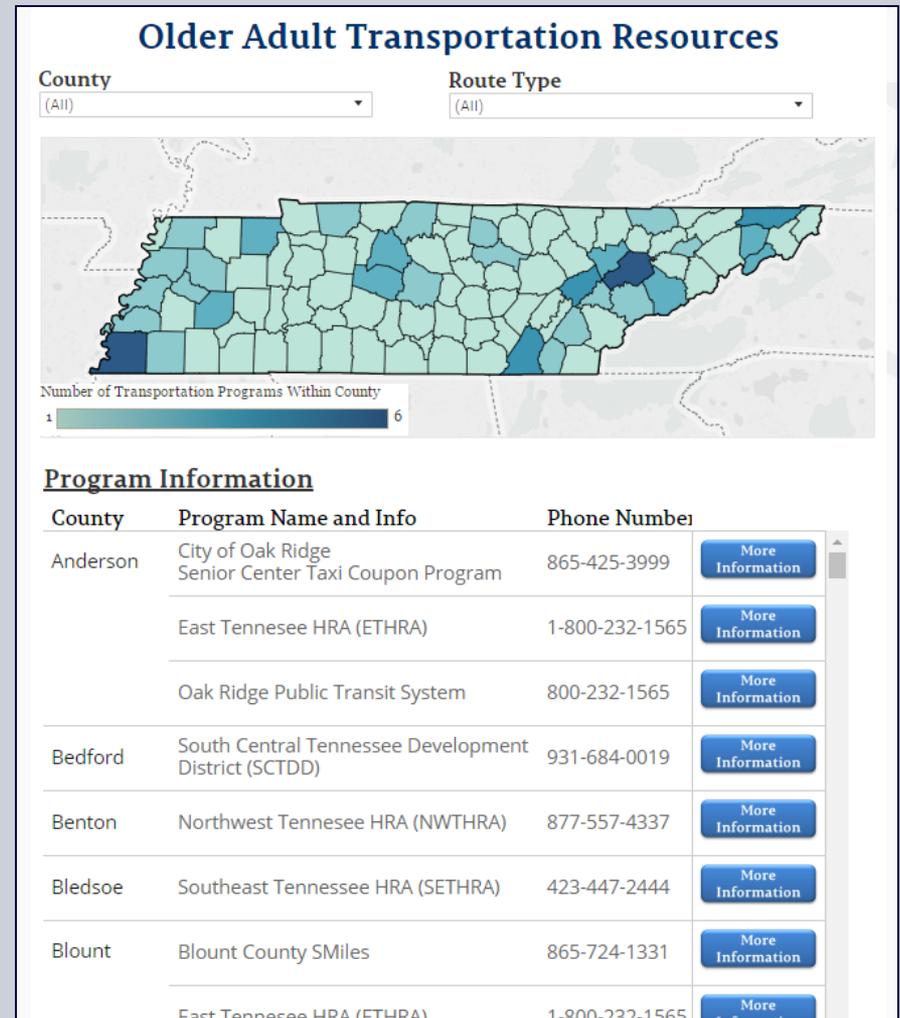
Resources

- ☞ Medicare's Annual **Open Enrollment** Period for Part D and Medicare Advantage plans starts October 15th and concludes on December 7th.
- ☞ During this time period, our trained SHIP counselors can assist beneficiaries in finding the most cost-effective plans for 2021.
- ☞ For assistance with any of your Medicare needs, please call our hotline at **1-877-801-0044** or email tnship@tn.gov to get connected with your local SHIP coordinator.

Resources

Transportation

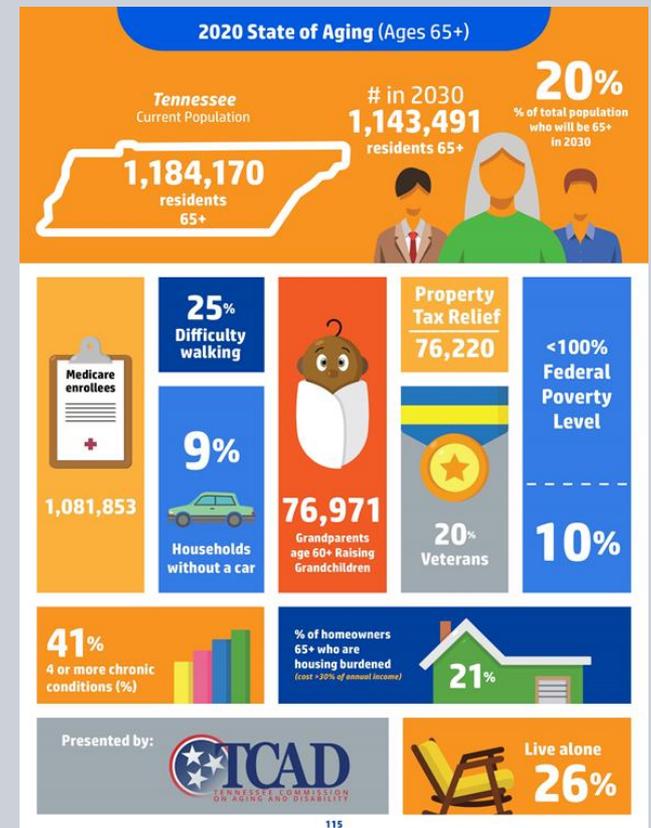
- ❖ Over 225,000 rides were provided with TCAD/Older Americans Act funding in 2019
- ❖ Searchable map on TCAD website
<http://www.tn.gov/aging>



Resources

State of Aging: County by County

- All 95 counties
- Find more here:
<https://www.tn.gov/aging/administration/forms-and-publications/2020-state-of-aging-in-tennessee.html>



Resources – Social Isolation

- ☞ For many older Tennesseans, social isolation is a complex issue affecting their health status and quality of life.
- ☞ Renewed focus to help the state's older adults fight social isolation.
- ☞ Programs focused on increasing social connections which are central to the physical, mental, and emotional well-being of older adults.
- ☞ Aimed at reducing social isolation and loneliness in older adults

TN Care through Conversation

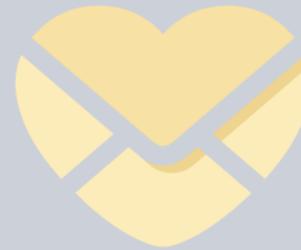
- ☞ Telephone reassurance for ALL older adults and caregivers in Tennessee
- ☞ Participants receive a check-in call at least once a week from a volunteer to talk and do a quick needs assessment
- ☞ To sign up: tn.gov/aging or call 615-253-4307




Tennessee
Care through Conversation

TN Care Messages

✎ Volunteers write letters with stories and words of encouragement that are mailed to Senior Center participants and Nursing Home residents.



TENNESSEE
CARE MESSAGES

✎ Want to write a letter?
Submit here:
<https://www.tn.gov/aging/our-programs/tennessee-care-messages.html>

TN Cheer Line

- Free telephone line offering a recorded message with trivia questions and interesting facts
- Call 833-919-0840 anytime you need some cheer!





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<https://www.facebook.com/TNAging>